

Coldspring Celebrates World Labyrinth Day 2010

Coldspring Newtown News Event



On May 1, 2010 the quiet community of Coldspring Newtown in Baltimore, MD celebrated 'World Labyrinth Day' and 'Walk as One at 1.'

Even though the turnout was small (possibly due to three large festivals being held in Baltimore) the participants were enthusiastic and joyful.

The afternoon began with a slide presentation by Paul Trattner (Keeper of the Coldspring Labyrinth) on the history, myths and uses of labyrinths around the world. Mr. Trattner also focused on the labyrinths located in the Baltimore Metro area. Many of the participants were surprised to know of the local labyrinths. Handouts of the presentation were distributed and discussed.

Mr. Trattner answered questions from the group and then taught the members how to draw a simple classic labyrinth. The participants were surprised at how well their drawings turned out and used their

fingers to trace the path of the labyrinth.

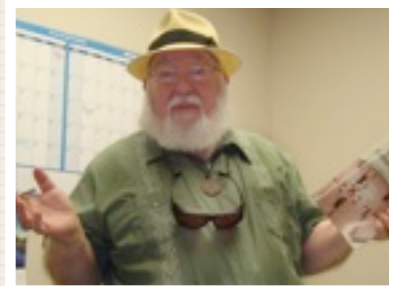
The group then proceeded to the 37.5 foot Classic Coldspring Labyrinth and 'Walked as One at 1' in sync with those from around the world walking the labyrinth at the exact time. We began with a dedication, representing Western, Eastern and Native American sacred traditions of intentions. We then added sacred oil and chiming cymbals creating an atmosphere of inclusion welcoming all into the Labyrinth.

Then we took time to personally reflect on the experience.

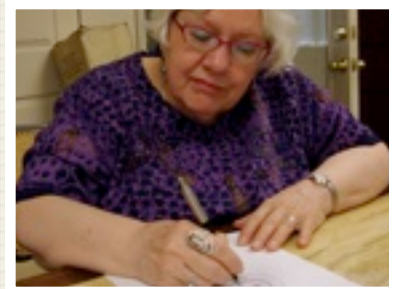
When we returned as a group Mr. Trattner gave the participants chalk and an area outside to draw a large three-circuit labyrinth on the ground. We then walked each other's labyrinths. Many vowed to draw a labyrinth on their driveway the next day so they could have their own walking Labyrinth.

We discussed planning a field trip to the Labyrinths in our area and forming a Maryland Labyrinth Society in cooperation with The Labyrinth Society to help promote and encourage creating sacred spaces within our city.

THE PROGRAM



THE PRESENTATION



DRAWING LABYRINTHS



CREATING OUTSIDE



'WALKING AS ONE AT 1'