



# Coldspring Swim and Tennis Club

4800 Tamarind Road • Baltimore, MD 21209

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[www.ColdspringNewtown.com](http://www.ColdspringNewtown.com)

## *Swim Lesson Registration Form*

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### Swim Lessons

**WHEN:** June 25–July 12, 2007 AND July 30–August 23, 2007  
Mondays 11:30-2pm, Tuesday -Thursday 1-2pm  
Monday and Wednesday 4-6pm

**PRICING:** Less than 8 lessons (\$15 per lesson)  
8 lessons for \$96 (\$12 per lesson)  
10 lessons for \$100 (\$10 per lesson)  
20 lessons for \$160 (\$8 per lesson)

### Water Exercises

**WHEN:** Monday and Wednesday 6-7pm  
**PRICING:** No Charge to Members of Coldspring Swim and Tennis Club

#### ***P/C = Parent/Child:***

Recommended for ages 6 weeks to 2 years old. Instructor teaches parents holds and phrases to use to acclimate young child to water.

#### ***PW = Pee Wee:***

A level one class for young children ages 2 ½ to 5 years old. Instructor and Assistants teach children basic safety and swimming skills to prepare them for level one.

#### ***L1 = Level One:***

Designed for those children 5 years and older. Instructor and Assistants teach children basic safety and swimming skills. Children have never had swimming lessons, afraid to put their face in the water.

#### ***L2 = Level Two:***

Designed for those children 5 years and older. Instructor and Assistants teach children basic safety and swimming skills. Children are not afraid of the water, swim a very little bit on their front, easily place face in water to blow bubbles.

#### ***L3 = Level Three:***

Designed for those children 5 years and older. Instructor and assistants teach basic safety and swimming skills. They extend the skills to include some diving and diving rules, as well as preparation for distance swimming (A sign that the children are watersafe). Children can swim half the length of the pool on their front. They can float on their back.

#### ***Swim Team (Levels 4-7):***

Designed for children 5 years and older. Instructor teaches basic and advanced skills as well as provides an introduction to swim team/competitive swimming which includes competitive rules and strokes. Children are prepared for possible exhibition if time allows.