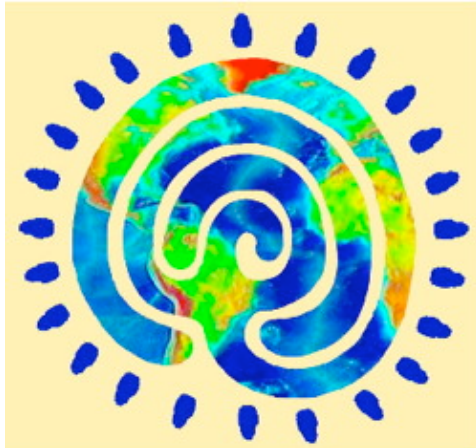


# World Labyrinth Day Festival



**May 1, 2010**

12 noon – 3:00 p.m.

## **The Coldspring Labyrinth**

4800 Tamarind Road      Baltimore, Maryland 21209

### **What is World Labyrinth Day**

World Labyrinth Day is a day that brings people from all over the planet together in celebration of the labyrinth as a symbol, a tool, a passion or a practice.

### **Walk as One at 1**

As part of this celebration you are invited to “Walk as One at 1” to effect a rolling wave of peaceful energy as the world turns. Walk in your local time zone at 1:00 p.m.

*A labyrinth is a single path or unicursal tool for personal, psychological and spiritual transformation. Labyrinths are thought to enhance right brain activity. The American Cancer Society states that labyrinths "may be helpful as a complementary method to decrease stress and create a state of relaxation."*

### **Program**

- Slide presentation on history of Labyrinths
- Learn to draw your own Labyrinth
- Walk as One at 1

*Call: Paul or Bernadette Trattner at 410-664-6240 for information*